

# Fertile Heart™ Presents

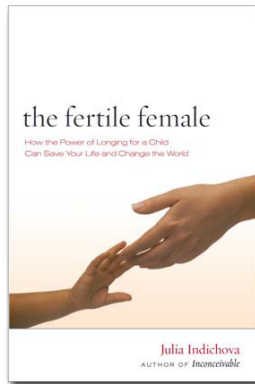
## International Phone Circle



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*“Not only did this work help me conceive at age 43, after six miscarriages, it also changed the way I live my life and practice medicine.”*

— Susan Gunduz, M.D. pediatrician, Northport, NY USA

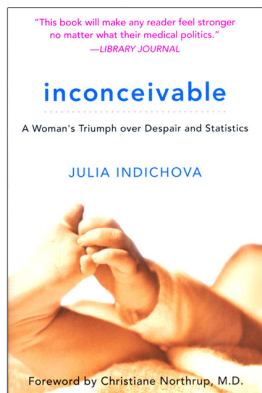


“...a powerful complement to the intangibles that surely contribute to difficulty in conceiving.”

- Marc Goldstein M.D., F.A.C.S.  
Surgeon-in-Chief, Cornell Institute for Reproductive Medicine

“The Fertile Female made my heart sing...it’s full of wisdom and truth and it reads like a prayer.”

- Christiane Northrup, MD Author of *Women’s Bodies, Women’s Wisdom*



## Fertile Heart™ International Phone Circle

Mondays: 8:30PM EST

Facilitated by author, Julia Indichova

An ongoing support group centered around the practice of the Ovum Process, an original mind-body approach to reproductive difficulties. The work includes nutritional guidance, imagery, movement and other tools aimed at identifying inner obstacles that might hinder conception or a full term pregnancy.

The OVUM Process evolved out of Julia Indichova’s personal experience and through her work with thousands of women and men in her workshops, and private practice. In the last decade and a half the program has helped bring healthy babies into the world often after years of failed treatment.

www.fertileheart.com, is one of the few independent fertility related advocacy groups in the US, offering a wide range of support services including: Guest Teacher teleconferences with Reproductive Endocrinologists from institutions such as the Weil Medical College of Cornell University, New York University Medical Center; talks with Holistic and Integrative Healthcare providers such as Naturopaths, Herbalists and more. Fertile Heart™ also offers ongoing phone-support-circles for US residents as well as circles for European and International participants.

Julia Indichova is the author of *Inconceivable* (Doubleday 2001) and *The Fertile Female* (Adell Press 2007) Her work and story have been featured on the *The Oprah Winfrey Show*, *Good Morning America*, *Oxygen*, *NPR’s 51%*, *in Natural Health*, *San Francisco Chronicle*, *Health magazine*, *USA Weekend*, and other outlets.

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[www.fertileheart.com](http://www.fertileheart.com)

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